



BOOK RELEASE

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Waterfalls of New Brunswick Nicholas Guitard

Who would have guessed that a small province could hold so many falls?

New Brunswick is home to over one thousand waterfalls — some remote, some surprisingly accessible. In *Waterfalls of New Brunswick*, Nicholas Guitard has chosen over fifty of the best. Cascading over an incredible range of ancient geology, this richly illustrated volume with captivate hikers and armchair travellers alike.

As Guitard points out, humans are innately drawn to water in motion. The negative ionization of oxygen produced by falling water creates for us a refreshed and satisfying feeling, but waterfalls also connect with us subconsciously and spiritually, revitalizing and inspiring us.

Spanning all five regions of New Brunswick (Acadian Coastal, Appalachian Range, River Valley Scenic, Fundy Coastal, and Miramichi River), the author leads us on a journey of wonder and discovery. His evocative photographs render the falls in all of their powerful glory. Readers will almost be able to feel the spray and hear the roar, or the trickling, as the case may be.

Exploring these significant areas, we encounter nature on its own terms — trekking into our ancient past, connecting to the future. From wild spring torrents to summer trickles and from bright colours reflected in autumn to spectacular ice sculptures in winter, *Waterfalls of New Brunswick* will surely inspire.

ABOUT THE AUTHOR

NICHOLAS GUITARD bought his first camera in grade twelve: a Canon TLb ordered through Simpson Sears. Inspired by rockhounding and beachcombing trips with his mother, Nicholas has always been an avid nature lover and photographer.

As his young family grew up, he began to do more hiking and canoeing interests that eventually led to a fateful trip with friends to find the elusive Walton Glen Gorge near the Bay of Fundy. Unable to find the gorge and its waterfalls after a day of exploring, Nicholas began his research. He scoured the Internet, phoned the Department of Natural Resources, and eventually came across a document titled *Protected Natural Areas: Our Heritage*. On the back of the publication was a photo of the Walton Glen Gorge Falls. He called the photographer, and the mystery was solved. The rest is history. Once Nicholas had

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photographed the falls, the idea of documenting New Brunswick's greater- and lesser-known waterfalls was born.

Over the last two years, he has documented more than a hundred waterfalls in New Brunswick, culminating in a website www.waterfallsnewbrunswick.ca, this beautifully illustrated book, and a forthcoming guide to New Brunswick's waterfalls.

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